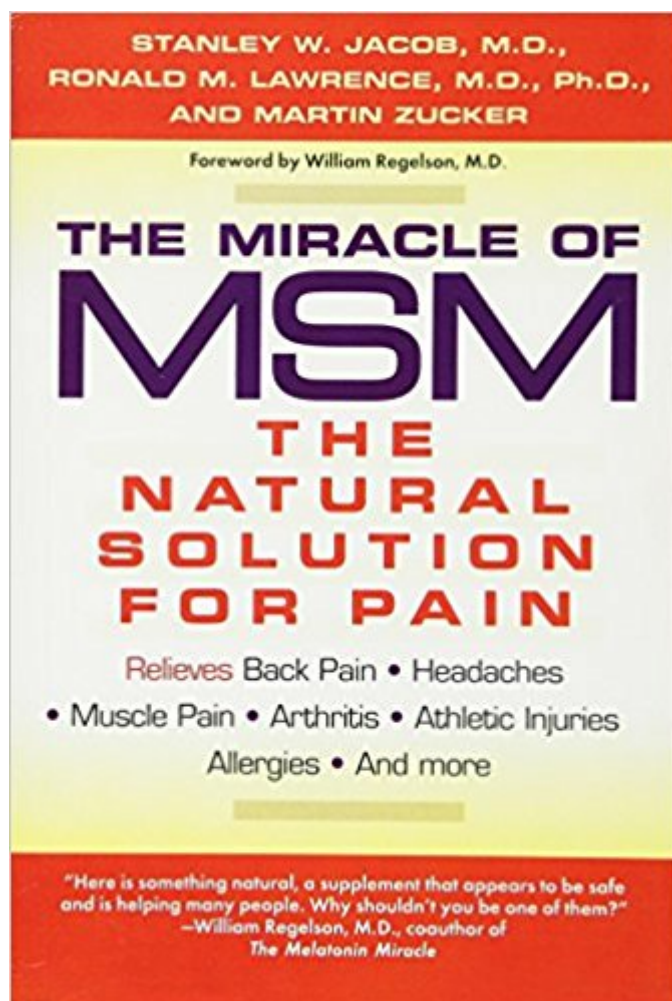


The book was found

The Miracle Of MSM: The Natural Solution For Pain



Synopsis

"Here is something natural, a supplement that appears to be safe and is helping many people. Why shouldn't you be one of them?"#151;William Regelson, M.D., co-author of The Melatonin MiracleMSM, or methylsulfonylmethane, is the first safe, natural, side-effect-free remedy for many types of pain and inflammatory conditions. In this authoritative look at MSM, Drs. Stanley Jacob and Ronald Lawrence reveal how to tap into the benefits of this amazing "miracle" compound. Experienced in the successful treatment of thousands of patients for pain, they explain how to take MSM#151;how much, when, with what foods, and in what form#151;to relieve pain in its many varieties, including:Degenerative arthritisChronic back painChronic headacheMuscle painFibromyalgia Tendinitis and bursitisCarpal tunnel syndromeTMJPost-traumatic pain and inflammationAllergiesand more

Book Information

Paperback: 272 pages

Publisher: Berkley; Reprint edition (December 1, 1999)

Language: English

ISBN-10: 0425172651

ISBN-13: 978-0425172650

Product Dimensions: 5.6 x 0.7 x 8.2 inches

Shipping Weight: 9.1 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 154 customer reviews

Best Sellers Rank: #110,944 in Books (See Top 100 in Books) #15 inÃ Â Books > Medical Books > Pharmacology > Neuropsychopharmacology #90 inÃ Â Books > Health, Fitness & Dieting > Alternative Medicine > Naturopathy #147 inÃ Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Pain Management

Customer Reviews

THERE'S NO REASON TO SUFFER. GET THE MIRACLE OF MSM WORKING FOR YOU...MSM, or methylsulfonylmethane, is the first safe, natural, side-effect-free remedy for many types of pain and inflammatory conditions. In this authoritative look at MSM, Drs. Stanley Jacob and Ronald Lawrence reveal how to tap into the benefits of this amazing "miracle" compound. Experienced in the successful treatment of thousands of patients for pain, they explain how to take MSM -- how much, when, with what foods, and in what form -- to relieve pain in its many varieties, including: DEGENERATIVE ARTHRITIS -- CHRONIC BACK PAIN -- CHRONIC HEADACHE -- MUSCLE

PAIN -- FIBROMYALGIA -- TENDINITIS AND BURSITIS -- CARPAL TUNNEL SYNDROME -- TMJ
-- POST-TRAUMATIC PAIN AND INFLAMMATION -- ALLERGIES AND MORE

Stanley W. Jacob, MD, was the director of the DMSO clinic and the Gerlinger professor of surgery at Oregon Health Sciences University in Portland. He was the author of *The Miracle of MSM*. He passed away shortly after his 91st birthday.

This is a very helpful book. I was blessed to read it and I have benefited greatly by taking MSM. I have less pain in my joints and more energy. Also, I gave this book as a gift to my father in law who suffers from chronic shoulder pain. I packaged it up with some Jarrow MSM powder + Solaray Vitamin C. He loved it and he's been taking it daily.

Great book to go along with the MSM I buy. (Kala Brand) Very informative and lots of personal stories of healing. Been on MSM for @ 6mos now and feel great!!

This book is worth its weight in gold. I discovered this "gem" when I worked at the Central Library in Los Angeles. As a person who had a severe case of osteoarthritis I sought out every means possible for relief from the debilitating, unbearable pain I was suffering. All the injections from MDs and the pharmaceutical "poison" they were prescribing were nothing but a slow road to death. But after reading this miracle book of Dr. Jacob's I was finally on the road to an all-natural, non-toxic recovery. After using MSM to treat myself and seeing how powerful and effective it was while having no negative side-effects, I began sharing it with my wife for her screaming, painful monthly menstruation periods. Again, MSM proved effective. I then began sharing it with my martial arts students who complained about various pains. Once again, MSM proved to stem various pains effectively with no side-effects. This is what led to the creation of my Heaven's Palm Pain KNOCKOUT! One of the most innovative lotions one can have on the shelf.-- Coach Melvin Chief Instructor, Heaven's Palm Boxing Association, and Award-winning Author

Well written and very helpful book about a marvelous natural compound that can alleviate so many ailments and painful conditions. I was able to stop using my asthma inhaler since taking this supplement (but keep it around as a precaution). A must read for anyone living with a painful condition who would like to use a natural pain killer with no detrimental side effects.

I have been using MSM for a decade for cell membrane permeability support. Can't go wrong with MSM, except consider getting bulk for horses at a local feed store

Great information on an important solution for chronic pain! You won't find many in mainstream medicine caring enough to tell you, if they even know about it. MSM really works!!

A good follow-up to either Mr. Scott's or Mr. Morton's books on DMSO. For those situations where DMSO cannot be used, for either legal or medical reasons, MSM could still offer some hope of prevention or treatment, since it is a milder and FDA approved derivative of DMSO, easily procured from any drug or health food store.

i bought this so I could understand how to control inflammation. This book is full of great info and keeps me off the heavy duty meds that harm your kidney

[Download to continue reading...](#)

The Miracle of MSM: The Natural Solution for Pain Back Stretching: Back Strengthening And Stretching Exercises For Everyone (lower back pain, healing back pain, stretching exercises, back pain treatment, ... pain relief, stretching, back pain Book 1) Miracle Girls #4: Love Will Keep Us Together: A Miracle Girls Novel (Miracle Girls Novels) Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) The Miracle Ball Method: Relieve Your Pain, Reshape Your Body, Reduce Your Stress [2 Miracle Balls Included] Natural Healing and Remedies Cyclopedica: Complete solution with herbal medicine, Essential oils natural remedies and natural cure to various illness. (The answer to prayer for healing) The Mindfulness Solution to Pain: Step-by-Step Techniques for Chronic Pain Management The Tapping Solution for Pain Relief: A Step-by-Step Guide to Reducing and Eliminating Chronic Pain The Chronic Pain Solution: Your Personal Path to Pain Relief MARIJUANA: Guide To Illness And Pain Management (Medical Marijuana, Pain Management, Cannabis, Epilepsy, Cancer Treatment, Chronic Pain) Classification of Chronic Pain: Descriptions of Chronic Pain Syndromes and Definitions of Pain Terms Fixing You: Hip & Knee Pain: Self-treatment for IT band friction, arthritis, groin pain, bursitis, knee pain, PFS, AKPS, and other diagnoses 10 KEYS TO UNLOCKING HAND PAIN: Increase blood flow to ease pain & regain your strength, power & flexibility in 5 minutes a day (10 Keys to Unlocking Pain Book 2) Foot Pain: Ingrown Toenail: How To Become Stress Free And Easily Cure This Nasty Nail Disease Today From The Comfort Of Your Own Home (Foot Pain, Foot Problems, Foot Pain Relief, Foot Reflexology) TMJ

Temporomandibular Joint Dysfunction - Causes, Symptoms, Treatment, and Pain Relief For Your Jaw Pain (How to Get Rid of Jaw Pain & Headaches Due to TMJ) Knee Pain: Treatment for beginners - 2nd EDITION UPDATED & EXPANDED - Knee Pain Relief, Cure and Exercises to overcome your knee problems (Knee Problems - Knee Pain Cure - Knee Hurt Book 1) Scoliosis Prevention and Treatment: The Ultimate Guide to Health, Fitness, Dieting, Recovery and Growth: osteopathy, alternative medicine, yoga, contemporary ... Back Pain, Pain Relief, Pain Management,) Pain by The Authors of Pain: The debut poetry collection from WWE tag team and literary powerhouse The Authors of Pain. Apple Cider Vinegar: Miracle Health System (Bragg Apple Cider Vinegar Miracle Health System: With the Bragg Healthy Lifestyle) The Miracle Morning for Network Marketers: Grow Yourself FIRST to Grow Your Business FAST (The Miracle Morning Book Series)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)